Free Project: Eyup Table Runner



FINISHED SIZE: $18'' \times 45''(46 \text{cm} \times 114 \text{cm})$

Located in the area of Istanbul, Eyüp is on the Golden Horn, and the region extends to the Black Sea. The town itself lies beyond the walls of Istanbul and is known as a burial area. The Eyüp Sultan Mosque is a sacred place, as it holds the remains of Abu Ayyub al-Ansari, the companion and standard-bearer of the Prophet Muhammad. As part of the Arab Army, al-Ansari was killed during the first attempt to capture Constantinople and was buried here. This table runner is based on an İznik tile that can be found in the Eyüp Sultan Mosque.



MATERIALS

Yardage is based on 42"-wide fabric.

- Red: 13/8 yards (126cm) for background and backing
- · White: 1/4 yard (20cm) for appliqués
- Dark blue: 1/4 yard (20cm) for appliqués
- · Light blue: 1/4 yard (20cm) for appliqués
- Gold: 1/8 yard (15cm) for appliqués
- Green: assortment of scraps (I used 7 different green fabrics in a range of tones.)
- Binding: 3/8 yard (35cm) binding
- Batting: 22" × 49" (56cm × 125cm)
- Fusible web: 3/4 yard (69cm) × 18" wide (46cm)
- Permanent marker (such as a Sharpie) or pencil: to mark fusible web and template
- · Iron-off pen or pencil: to mark fabric
- · Template interfacing
- Threads for appliqué
- Thread for machine quilting



CUTTING

All measurements include 1/4" seam allowances.

Red

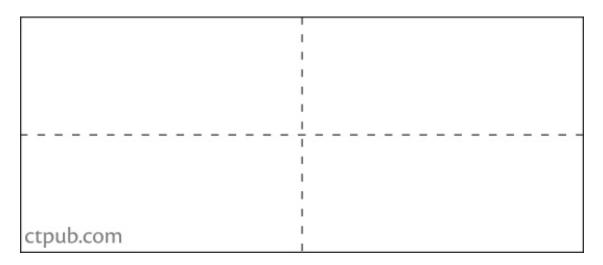
Cut 2 pieces 20" × 48".

Binding

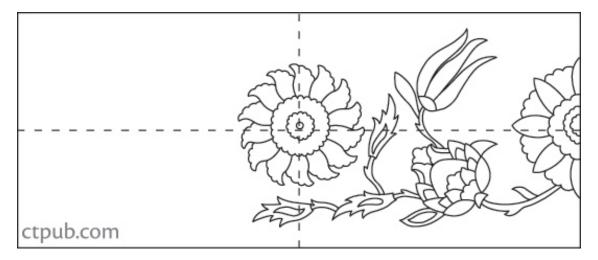
Cut 4 strips 2 1/2" × width of fabric

PREPARATION

1. <u>Download the Eyüp Table Runner pattern</u> and make the template for your project. On the template interfacing, use a permanent pen to mark a box that is 18" × 45" in size. Mark the center of this box with a dashed horizontal line and a dashed vertical line as shown.

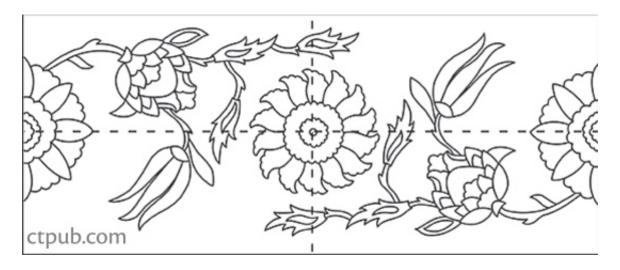


2. Position the pattern with the circle flower in line with the center lines of your template interfacing, and line up the edge of the box on the pattern with the lines you have marked on the template. Trace the pattern, completely tracing the center flower.



3. To complete the other half of the template, rotate the pattern 180° and align the box on the pattern with the lines you have marked on the template. The center flower will not align with the rotated pattern, but

that's okay. Trace the remainder of the pattern. Be sure to also trace the labels Traced Side for Fusible Web and Master Copy for Layout (backward) on your template.



- 4. Using the Traced Side of the template, trace the appliqué designs onto the paper side of the fusible web using a permanent marker or pencil.
- 5. Cut around each of the traced appliqué designs roughly, and divide them into piles to correspond with their chosen fabrics. Follow the manufacturer's directions to fuse the fusible web onto the wrong side of the fabric.
- 6. Cut all the appliqué pieces on the traced lines, and remove the paper backing.

CONSTRUCTION

Placing and Fusing the Appliqué Pieces

- 1. On a red $20^{\prime\prime} \times 49^{\prime\prime}$ piece, use an iron-off pen or pencil to draw a box $18^{\prime\prime} \times 45^{\prime\prime}$ in the center of the fabric. Mark the center of the fabric with dashed lines along the horizontal and vertical centers as you did on the template.
- 2. Using the Master Copy side of the template, place the appliqué cutouts onto the background fabric.

3. Follow the manufacturer's instructions to fuse your appliqué pieces into place.

Appliqué

Use your preferred method to appliqué around each of the pieces.

Finishing

- 1. Layer the appliquéd top, batting, and backing. Quilt the table runner as desired.
- 2. Once quilted, trim the table runner on the lines of the marked box (18" \times 45").
- 3. Use the binding 2 1/2" strips to finish the table runner.



This fantastic project comes from my book, *Constantinople Quilts*! Find more Ottoman-inspired appliqué projects there.

